

State-by-State Cost Data: Families Spent Over \$1600 More in 2025 Due to Inflation Under Trump

Updated calculations from the Joint Economic Committee – Minority estimate how much more an average family in every state spent on goods and services in 2025 because of inflation under President Trump. The analysis uses recent data from the Bureau of Economic Analysis on household spending and the most recent Consumer Price Index (CPI) data that tracks inflation through December 2025. CPI estimates the costs that households pay for all purchases and expenses, including housing, transportation, food, clothing, health care, utilities, and other essentials. This analysis uses the same methods that the Joint Economic Committee – Republicans used under the last administration to estimate state-level costs.

Because of the inflation that has occurred since President Trump took office, the average household has paid \$1,625 in higher costs. This includes \$323 more for housing expenses, such as rent or mortgage payments, and \$241 more for transportation costs, such as for a new or used car, car repairs, and gas. Families are paying these higher prices despite President Trump repeatedly pledging on the campaign trail that his administration would “end inflation” and bring down costs for American families. He also falsely claimed just this month that “inflation is stopped” and “prices are down.”

State	Overall Average Cost Increase	Average Cost Increase: Housing	Average Cost Increase: Transportation
Alabama	\$1,353	\$246	\$134
Alaska	\$2,345	\$480	\$579
Arizona	\$1,569	\$188	\$251
Arkansas	\$924	\$115	\$317
California	\$2,355	\$482	\$581
Colorado	\$1,765	\$211	\$282
Connecticut	\$2,110	\$572	\$355
Delaware	\$1,301	\$305	\$64
District of Columbia	\$1,775	\$416	\$87
Florida	\$1,342	\$314	\$66
Georgia	\$1,178	\$276	\$58
Hawaii	\$2,277	\$466	\$562
Idaho	\$1,437	\$172	\$230
Illinois	\$1,781	\$424	\$78
Indiana	\$1,554	\$370	\$68
Iowa	\$1,303	\$159	\$114
Kansas	\$1,412	\$173	\$123
Kentucky	\$1,342	\$244	\$133

Louisiana	\$1,039	\$129	\$356
Maine	\$1,701	\$462	\$286
Maryland	\$1,326	\$311	\$65
Massachusetts	\$2,221	\$603	\$374
Michigan	\$1,606	\$382	\$70
Minnesota	\$1,608	\$197	\$140
Mississippi	\$1,260	\$229	\$125
Missouri	\$1,426	\$175	\$124
Montana	\$1,486	\$178	\$238
Nebraska	\$1,458	\$178	\$127
Nevada	\$1,565	\$187	\$250
New Hampshire	\$2,100	\$570	\$354
New Jersey	\$2,060	\$441	\$181
New Mexico	\$1,355	\$162	\$217
New York	\$2,024	\$433	\$178
North Carolina	\$1,115	\$261	\$55
North Dakota	\$1,471	\$180	\$128
Ohio	\$1,532	\$365	\$67
Oklahoma	\$961	\$120	\$329
Oregon	\$1,791	\$367	\$442
Pennsylvania	\$1,734	\$371	\$152
Rhode Island	\$1,814	\$492	\$305
South Carolina	\$1,083	\$254	\$53
South Dakota	\$1,468	\$180	\$128
Tennessee	\$1,418	\$258	\$140
Texas	\$1,210	\$151	\$415
Utah	\$1,712	\$205	\$274
Vermont	\$1,794	\$487	\$302
Virginia	\$1,269	\$297	\$63
Washington	\$2,008	\$411	\$496
West Virginia	\$974	\$228	\$48
Wisconsin	\$1,560	\$371	\$68
Wyoming	\$1,528	\$183	\$244
United States	\$1,625	\$323	\$241

Source: Monthly data from the Bureau of Labor Statistics on the Consumer Price Index both nationally and in each Census Division, state-level data from the Joint Economic Committee – Republicans on average household consumption in each state, and data from the Bureau of Economic Analysis on the share of average consumption by spending category for each Census Division. Housing costs include the price of owning or renting a home, home repairs, home insurance, and hotels. Transportation costs include the price of buying, repairing, and insuring a new or used vehicle, gasoline/motor fuels, vehicle rentals, and transit fares including airline tickets.